

# FIND YOUR PEOPLE

## BOOK RECOMMENDATIONS:

### ***Find Your People* by Jennie Allen**

The title of this book inspired our current series. This book is intentionally written to women, but there are principles for both genders here.

### ***Build Your Band of Brothers* by Stephen Mansfield**

This book is intentionally written to men. It's brief and to the point. While this book and Find Your People are written by followers of Jesus, this book does not reference Scripture.

### ***Scary Close* by Donald Miller**

If you struggle with vulnerability, this book will inspire and equip you to move forward in this area. Miller shares his own struggles in this area and how he grew into an area of greater health in his relationships.

### ***The Gifts of Imperfection* by Brene Brown**

A huge part of practicing vulnerability is coming to terms with your weaknesses and brokenness. In this book, Brown shares data-driven insights about vulnerability and courage.

### ***Managing Leadership Anxiety* by Steve Cuss**

One of the biggest challenges to healthy relationships is the anxiety we carry. While the title might lead you to believe this is just a book about leadership or for leaders, this book is for a much wider audience. Cuss, a pastor and former crisis chaplain, equips you to manage the anxiety you feel and the anxiety others feel, so that you can show up in relationships in a healthier way.

### ***Crucial Conversations* by Kerry Patterson, Joseph Grenny, Ron McMillan, and Al Switzler**

We've all seen high-stakes, highly-emotional conversations go off the rails and destroy relationships. This book offers very practical help to preparing for important conversations. A favorite of the Cornerstone staff.

### ***The Five Dysfunctions of a Team* by Patrick Lencioni**

We've all been part of dysfunctional teams and relationships. What if we could understand the core sources of that dysfunction and create healthier teams? Lencioni, an organizational expert and follower of Jesus, wrote this book almost twenty years ago. It's been a best-seller ever since its release.

### ***Boundaries* by Henry Cloud & John Townsend**

Like *The Five Dysfunctions of a Team*, *Boundaries* has been a perennial bestseller since it released. Drs. Cloud and Townsend, a pair of Christian psychologists, help you learn when to say yes and know how to say no in order to take control of your life and set healthy, biblical boundaries with your spouse, children, friends, parents, co-workers, and even yourself.

### ***Necessary Endings* by Henry Cloud**

What happens when a relationship (no matter what the context) gets to an unsustainable place? How do you make the changes needed to either create a different future? Cloud, a Christian psychologist, offers practical help for how to deal with wise, foolish, and evil people.